

**ILANZ Conference 2022 - Whakapuāwai / Flourish
Programme**

Wednesday, 4 May 2022

5.00pm-7.00pm	Welcome Function at The Limes Room, Christchurch Town Hall
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Thursday, 5 May 2022

8.30am	Conference Registrations open		
9.30-10.00am	Morning Tea		
10.00-10.15am	Conference Day 1 Open & Mihi – MC & ILANZ Committee Member		
10.15-11.00am	Session One (Rakaia Room) TBC		
11.05-11.50am	Session Two, Stream One Topic: <i>Flourishing as an in-house lawyer - Out of the Quicksand</i> Presenter: Madeline Shaw, Executive Coach	Session Two, Stream Two Premier Sponsor TBC	Session Two, Stream Three TBC
12.00-1.00pm	Ngai Tahu Welcome & Lunch		
1.00-2.10pm	Session Three (Rakaia room) Workshop Topic: <i>Building an Effective Inhouse Team and Presence</i> Presenter/s: Helen Wild (General Counsel, Auckland Council)		
2.15-3.00pm	Session Four, Stream One Topic: <i>A forward-looking lense: preparing for Modern Slavery laws</i> Presenter/s: Jo Appleyard (Partner, Chapman Tripp) & Nicola Swan (Partner, Chapman Tripp)	Session Four, Stream Two TBC	Session Four, Stream Three Topic: <i>Climate Change disclosures - statutory requirements & role of in-house lawyers</i> Presenter: Amelia Sharman, XRB
3.00-3.15pm	Afternoon Tea		
3.15-4.00pm	Session Five (Rakaia Room) Topic: <i>Mood and Motivation</i> Keynote Presenter: Dr Paul Wood		
4.15-4.30pm	Conference Day 1 Close – MC + ILANZ Committee Member		
6.30-9.30pm	Thursday Night Function @ The Tannery		

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Friday, 6 May 2022			
8.30am	Conference Registrations open		
8.45-9.00am	Conference Day 2 Open – Conference MC + ILANZ Committee Member		
9.00-9.30am	Session Six (Rakaia Room) Topic: <i>NZLS offering in-house lawyers support over the next year</i> Presenter: Jacque Lethbridge, Partner, Martelli McKegg NZLS President-Elect		
9.40-10.30am	Session Seven (Rakaia Room) TBC		
10.45-11.15am	Morning Tea / ILANZ AGM		
11.15am-12.15pm	Session Eight, Stream One Topic: Mood for Food Presenter: Bronwyn Hudson	Session Eight, Stream Two TBC	Session Eight, Stream Three, UnSession 1 Facilitated by ILANZ Committee Member/s
12.15-1.00pm	Lunch		
1.05-1.50pm	Session Nine, Stream One TBC	Session Nine, Stream Two Topic: <i>Leadership – The Female Career</i> Presenter: Anna Johnstone	Session Nine, Stream Three, UnSession 2 Facilitated by ILANZ Committee Member/s
2.00-2.45pm	Session Ten Topic: <i>The role tikanga plays in the way lawyers interpret/apply law</i> Presenter: Ethan Jerome-Leota, Tainui (Waikato)		
2.45-3.15pm	Prize Draw & Afternoon Tea		
3.30-4.30pm	Session Eleven (Rakaia room) Keynote Presenter: Dame Sophie Pascoe Topic: <i>Q & A</i>		
4.30-5.00pm	Conference Day 2 Close – Conference MC + Conference Director		
6.45pm-late	ILANZ Gala Dinner & Awards at Te Pae Convention Centre – ILANZ President		

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NOTES

Day 1, Session 2, Stream 1

Topic: Flourishing as an in-house lawyer - Out of the Quicksand

Presenter: Madeline Shaw

Brief: An interactive, engaging session in which I use escaping from quicksand as a metaphor for preventing/reversing burnout and getting back to flourishing. People emerge from the session energised, with practical tips, an action plan, and a framework for challenging their thinking about what makes a “good” lawyer. Do you proof-read your sent emails? It’s no secret that burnout, dissatisfaction and overwork are rife within legal practice. If it just took brains to solve that problem, you would have done that by now. Yet smart lawyers end up held back by many of the habits that, in some ways, are also what made them successful:

- perfectionism
- strong work ethic
- people pleasing
- detail focus, micromanaging and difficulty delegating
- conflict avoidance, or frequent conflict
- difficulty making decisions
- overwork and burnout

In this session, you will take a new perspective on this paradox and hear about practical action steps for getting back to solid ground while retaining the traits that make you a great lawyer. There’s no doubt that there are structural and systemic challenges in legal practice that are bigger than any one person. Add to the mix a heightened level of change and uncertainty (global pandemic, anyone?) and it’s no wonder people are finding it tough going. Struggling harder but sinking more, throwing good energy after bad - like being in quicksand.

About Madeleine: Madeleine is an in-demand executive coach, speaker and facilitator with over two decades of experience working with lawyers: the first as one of them (including 5 years as corporate counsel) and the second as a coach, helping them work through difficult career questions and find progress and satisfaction again. For over 12 years now she has worked at the intersection of mindset and evidence-based resilience and wellbeing. She is interested in helping people be great leaders and leaders be great people. Madeleine’s clients include top tier legal, professional services and consulting firms, financial services organisations and a number of large listed companies and government departments and agencies. Madeleine is accredited with the Institute of Executive Coaching & Leadership. She is a professional credentialed coach (PCC) with the International Coach Federation (ICF), is an accredited Mental Health First Aider and has served as board director and secretary of the ICF’s Australasia Chapter. She is a graduate of the Australian Institute of Company Directors (GAICD). Madeleine holds a Bachelor of Arts (Jurisprudence) and Bachelor of Laws (Hons) from the University of Adelaide, and was admitted to practice in NSW and California. She also holds a Graduate Certificate in Film & Video, but that’s another story!